

Pos	Name	Category	Club	Time
1	Morgan Donnelly	MV40	Borrowdale Fell Runners	01:34:47
2	Chris Arthur	M	Bowland Fell Runners	01:34:48
3	Michael Ainsworth	M	Helm Hill Runners	01:35:51
4	George Foster	M	Ambleside AC	01:36:26
5	Mark McGoldrick	M	Wharfedale Harriers	01:36:54
6	Tim Cowin	MV40	Helm Hill Runners	01:39:52
7	Harvey Lord	M	Black Combe Runners	01:39:56
8	Joshua Jardine	MU23		01:41:17
9	Charlie Lowther	M	Eden Runners	01:41:39
10	Neal Crampton	M	Pudsey & Bramley AC	01:41:49
11	Derek Hurton	MV40	Eden Runners	01:41:58
12	Nigel Wood	MV40	Helm Hill Runners	01:43:01
13	Simon Pymm	M	Horwich RMI Harriers	01:43:19
14	Peter Davies	M	Dark Peak Fell Runners Club	01:43:33
15	Antony Meanwell	MV40	Borrowdale Fell Runners	01:44:04
16	Alex Hinchcliffe	MU23	Helm Hill Runners	01:45:03
17	Mark Irving	M	Bowland Fell Runners	01:45:20
18	James Byrne	MV40	Ambleside AC	01:45:22
19	David Milliken	MV50	Horwich RMI Harriers	01:45:29
20	Matt Reedy	MV40	Ambleside AC	01:45:51
21	Jim O'Hara	M	Helsby (BICC) RC	01:46:10
22	Tom Bush	M	Pennine Fell Runners	01:46:16
23	Jonathan Powell	M	Altrincham & District AC	01:48:29
24	Andrew Wainwright	MV40		01:48:50
25	Rick Stuart	MV50	Helm Hill Runners	01:48:52
26	Nick Barber	MV40	Todmorden Harriers & AC	01:49:49
27	Mark Burton	MV40	Pennine Fell Runners	01:49:58
28	Samuel Harrison	M	Bowland Fell Runners	01:50:04
29	Darren Fishwick	MV40	Chorley Athletic & Triathlon Club	01:50:09
30	Kieran Davis	M	Erewash Valley RC	01:50:18
31	Craig Burrow	MV40	Helm Hill Runners	01:50:22
32	Paul Rowley	M	Pennine Fell Runners	01:50:29
33	Richard Talbot	M	Ambleside AC	01:50:42
34	Dominic Raby	MV40	Chorley Athletic & Triathlon Club	01:50:58
35	James Harris	M	Team KOM	01:51:05
36	Noah Hurton	MU23	Eden Runners	01:51:14
37	Rob Harper	MV40	Kendal AAC	01:51:28
38	Sean Bolland	MV40	Bowland Fell Runners	01:52:31
39	Virgil Barton	MV40	Mercia Fell RC	01:52:35
40	Matthew Hulley	MV40	Pennine Fell Runners	01:52:54
41	Lee Knight	M	Ambleside AC	01:53:26

42	Neil Walker	M	Altrincham & District AC	01:54:02
43	Thomas Harkin	MV40		01:54:18
44	Andy Ford	M	Horwich RMI Harriers	01:54:22
45	John Millen	MV40	Black Combe Runners	01:55:24
46	Peter German	M	Helm Hill Runners	01:56:01
47	Michael Walker	M	Barnet & District AC	01:56:04
48	Ben Grant	MV60	Harrogate Harriers & AC	01:56:08
49	Adam Oliver	M	Helm Hill Runners	01:56:35
50	Shaun Jackson	MV40	Altrincham & District AC	01:56:44
51	Karl Mason	M	Helm Hill Runners	01:56:46
52	Nina Walkingshaw	F	Howgill Harriers	01:57:09
53	Tom Pape	MV40		01:57:11
54	Fraser Davies	M	Settle Harriers	01:57:44
55	Steph Jones	F	Ambleside AC	01:57:44
56	Brian Thompson	MV60	Helm Hill Runners	01:57:46
57	Declan O'Duffy	MV50	Bowland Fell Runners	01:58:37
58	Peter Watson	M	Erewash Valley RC	01:58:57
59	Aaron Walmsley	M		01:59:27
60	Adam Holloway	MV40		01:59:33
61	Robert Browne	M	Black Combe Runners	01:59:37
62	John Allan	M	Todmorden Harriers & AC	01:59:40
63	Rebecca Rooke	F	Black Combe Runners	01:59:50
64	Scott Berry	M		02:00:01
65	Andy Kenyon	MV40	Erewash Valley RC	02:00:11
66	Damien Brockie	MV40		02:00:28
67	David Soles	MV50	Pennine Fell Runners	02:00:36
68	Jack Redvers Harris	M		02:00:43
69	Joel Siddall	M	North Derbyshire RC	02:00:50
70	Scott Umpleby	MV50	Kendal AAC	02:00:56
71	Ian Warhurst	MV50	Pennine Fell Runners	02:01:01
72	Paul Swindles	M		02:01:20
73	Jonathan Marchant	MV40	Helm Hill Runners	02:01:27
74	Ben Fletcher	MV40	Helsby (BICC) RC	02:02:24
75	Brian Horn	MV60	Borrowdale Fell Runners	02:02:39
76	Rachel Hill	FV40	Settle Harriers	02:02:53
77	Tim Raffle	MV50	Altrincham & District AC	02:03:07
78	Dave Sykes	MV40	Dark Peak Fell Runners Club	02:03:31
79	Tim Jackson	MV40	Settle Harriers	02:03:36
80	Greg Rimmer	MV50	Dark Peak Fell Runners Club	02:03:56
81	Crispin Halsall	MV40	Bowland Fell Runners	02:04:01
82	Matt Davis	M	Howgill Harriers	02:04:01
83	Phillip Roberts	MV40	Helsby (BICC) RC	02:04:07
84	Daniel Lewis	MV40	Wye Valley Runners	02:04:16
85	David McChesney	M		02:04:32

86	Matt Rowat	M		02:04:50
87	Jo Smith	FU23	Edinburgh University Hare & Hounds	02:04:53
88	Matthew Jones	MV40	Carnethy Hill RC	02:05:03
89	Bill Maxwell	MV50		02:05:09
90	Carl Byrne	MV40	Holcombe Harriers	02:05:20
91	Leigh Warburton	MV50	Bowland Fell Runners	02:05:24
92	Lauren Munro-Bennett	FU23	Helm Hill Runners	02:05:26
93	Robin Tuddenham	MV40	Todmorden Harriers & AC	02:05:26
94	Andrew Scott	M	Durham University Triathlon Club	02:05:29
95	Mark Pearson	MV40		02:05:58
96	Rowena Browne	FV50	Bowland Fell Runners	02:06:06
97	Richard Mavin	MV50		02:06:27
98	Craig Storey	MV50	Market Drayton RC	02:06:40
99	Ashley Kay	MV50	Dark Peak Fell Runners Club	02:06:47
100	Holly Martin	F	Pennine Fell Runners	02:07:18
101	Ivan Whigham	MV50	Clayton-le-Moors Harriers	02:07:25
102	Daniel Stephenson	MV40	Sheffield Triathlon Club	02:07:27
103	Mary Lye	FV40	Carnethy Hill RC	02:07:29
104	Stuart Roberts	MV40		02:07:31
105	David Abergel	M		02:07:36
106	Andrew Quickfall	MV50	Newburgh Nomads RC	02:07:39
107	Jenny Caddick	FV40	Dark Peak Fell Runners Club	02:07:48
108	Paul Hodgson	M	Durham Fell Runners	02:07:57
109	Chloe Routledge	F	Ambleside AC	02:08:21
110	Graham Briffett	MV40	Highland Hill Runners	02:08:24
111	Adrian Walker	MV50	Settle Harriers	02:08:28
112	Natalie Hawkrigg	FV40	Northern Fells Running Club	02:08:41
113	Peter Mcavoy	MV40	UKA	02:08:55
114	Tim Boland	MV40	Holcombe Harriers	02:09:14
115	Jeff Powell Davies	M	Eden Runners	02:09:27
116	Jeremy Jehan	MV40	Wye Valley Runners	02:09:43
117	Fiona Maxwell	FV50		02:10:02
118	James Baron	MV40	Helm Hill Runners	02:10:40
119	Eleanor Johnstone	FU23	Imperial College Cross Country & AC	02:10:58
120	Matt Jackson	M	North Derbyshire RC	02:11:00
121	Damian Kimmins	MV40		02:11:00
122	Andrew Hebson	M		02:11:03
123	Andrew Lee	MV40	Rosendale Harriers & AC	02:11:22
124	Alun Williams	M	Pennine Fell Runners	02:11:29
125	David Ryder	MV40		02:11:34
126	Claire Russell	FV40	Cumberland Fell Runners	02:11:48
127	Justin Bibby	MV40		02:11:49
128	Josie Greenhalgh	FV40	Horwich RMI Harriers	02:12:10
129	Nick Andralojc	MV50	Harrogate Harriers & AC	02:12:26

130	Sue Richmond	F	Pennine Fell Runners	02:12:55
131	Michael Procter	MV50		02:13:19
132	Adrian Sell	M	Saddleworth Runners	02:13:34
133	Dominic Hoare	MV40	Bowland Fell Runners	02:13:40
134	Tim Murray	MV50	Helm Hill Runners	02:13:40
135	John Thompson	MV40	Newburgh Nomads RC	02:13:57
136	Mark Shuttleworth	MV40	Lostock AC	02:13:58
137	Jim Clapp	MV50	Durham Fell Runners	02:14:01
138	Joe Gillett	M		02:14:08
139	Dennis Nelson	MV50	Lancashire Constabulary Sports & Social Club	02:14:13
140	Bill Beckett	MV50	Chorley Athletic & Triathlon Club	02:14:33
141	Lorna Mahoney	FV50	Westerlands Cross Country Club	02:14:35
142	Alan Martin	MV40	Preston Harriers	02:14:37
143	Laura Baynham-Hughes	F	Helsby (BICC) RC	02:15:26
144	Charlie Rowat	M		02:15:43
145	Richard Andrews	MV40	Southwell RC	02:16:03
146	Dave Bowen	MV60	Pennine Fell Runners	02:16:13
147	Tim Palmer	MV50	Helsby (BICC) RC	02:16:15
148	Caroline Holden	FV50	Helm Hill Runners	02:16:23
149	John Bradley	M	Preston Harriers	02:16:42
150	Mark Culshaw	MV40	Newburgh Nomads RC	02:16:46
151	Ingrid Storm	F	Chorlton Runners	02:16:53
152	Dave Kershaw	MV60	Chorley Athletic & Triathlon Club	02:17:07
153	Jeffrey Norman	MV70	Altrincham & District AC	02:18:00
154	Martin Gardiner	MV40	Team KOM	02:18:19
155	Sally Ward	FV50		02:18:30
156	Claire Aspinall	F	Pennine Fell Runners	02:18:43
157	Andrew Wilkins	MV50		02:18:56
158	Paul Whittle	MV40	Newburgh Nomads RC	02:19:39
159	Angela Paxton	FV40	Keighley & Craven AC	02:19:48
160	Alexander Rothwell	M	Ambleside AC	02:19:59
161	Timothy Horrocks	MV50	Pennine Fell Runners	02:20:10
162	Steve Riley	MV50	Helsby (BICC) RC	02:20:54
163	Adrian Phillips	MV40		02:21:24
164	John Poole	MV40		02:21:25
165	Emma Cooper	F	Eden Runners	02:21:32
166	Stuart James	MV40	Saltaire Striders	02:21:33
167	John Spencer	MV50	Dark Peak Fell Runners Club	02:21:42
168	Bridget Collier	FV40	Parbold Pink Panthers	02:21:45
169	Craig Partridge	MV40	Altrincham & District AC	02:21:48
170	Donna Claridge	FV50	Dark Peak Fell Runners Club	02:21:50
171	Will Buckton	M	Settle Harriers	02:21:53
172	Mark Checkley	MV50	Lostock AC	02:21:58
173	Andrew Christie	M	Red Rose RRC	02:22:00

174	Andrew Callcott	MV50	Derwent Valley Running Club	02:22:11
175	Vicky Coy	F		02:22:11
176	David Appleyard	MV50	Helm Hill Runners	02:22:23
177	Jim Jones	MV50	Helsby (BICC) RC	02:22:49
178	David Barnes	MV50	Horwich RMI Harriers	02:22:53
179	Garry Hodgkinson	MV40	Calder Valley Fell Runners	02:22:55
180	Martin Smillie	MV50	UKA	02:23:02
181	Lindsay Walker	F	Keswick AC	02:23:13
182	Kevin Walker	MV40	Newburgh Nomads RC	02:23:18
183	Rowen Ratcliffe	F	Saddleworth Runners	02:23:21
184	Philip Barnes	MV50	Pennine Fell Runners	02:23:38
185	Wendy Dodds	FV60	Clayton-le-Moors Harriers	02:23:58
186	Paul Stocks	MV50	Dallam Running Club	02:24:47
187	David Tait	MV60	Dark Peak Fell Runners Club	02:25:12
188	Lockie Campbell	MV50	Altrincham & District AC	02:25:18
189	David Cowburn	MV40		02:25:21
190	Amanda Burrow	FV40	Helm Hill Runners	02:25:44
191	Emily Winter	F		02:25:46
192	Abigail Sunter	F	Horwich RMI Harriers	02:25:53
193	Albert Sunter	MV50	Horwich RMI Harriers	02:25:54
194	Stephen Targett	MV40		02:26:00
195	Ross Murdoch	M	Chorlton Runners	02:26:01
196	Stuart Russell	MV40	Liverpool RC	02:26:47
197	Helen Wise	F	Carnethy Hill RC	02:26:56
198	Helen Mavin	FV50		02:27:01
199	Darren Atkinson	M		02:27:18
200	Daniel Grose	MV40		02:27:26
201	Hester Cox	FV40	Settle Harriers	02:27:35
202	Grace Leedham	FV40	Dallam Running Club	02:28:05
203	Mark Latham	MV50	Northumberland Fell Runners	02:28:19
204	Paul Heeley	MV40	Horsforth Fellandale Club	02:28:41
205	Andrew Essex	MV60	Saddleworth Runners	02:29:17
206	Marcia Frith	FV40	Helm Hill Runners	02:29:36
207	Chris Roberts	MV50	Black Combe Runners	02:29:41
208	Lucy Topalian	F	Westerlands Cross Country Club	02:30:02
209	Richard Scottney	MV60	Pennine Fell Runners	02:30:04
210	Stanley Topalian	M	Westerlands Cross Country Club	02:30:05
211	Anne Ferguson	FV50	Burnden Road Runners	02:30:09
212	Simon Wheeler	MV40	Keighley & Craven AC	02:30:17
213	John Armstrong	MV60	Rochdale Harriers & AC	02:30:27
214	Darren Baker	MV40	FRA	02:30:53
215	Philip Devine	MV50	Kendal AAC	02:30:57
216	Sharon Hudson	FV40	Keighley & Craven AC	02:31:12
217	Andy Dines	MV40		02:31:34

218	Tim Waldron	M	Liverpool RC	02:31:48
219	Gavin Gregson	M	Rossendale Harriers & AC	02:33:35
220	Cliff Etherden	MV60	Lakeland Orienteering Club	02:33:42
221	Thomas Keegan	MV50	Howgill Harriers	02:33:55
222	Ian Cookson	MV60	Bowland Fell Runners	02:34:11
223	Dan Simmons	MV50	Harrogate Harriers & AC	02:35:04
224	Peter Murray	MV40	York Acorn RC	02:36:03
225	Victoria Upton	F	Helm Hill Runners	02:36:13
226	Mo Kelly	F	Howgill Harriers	02:37:48
227	David Ralphs	MV50	Newburgh Nomads RC	02:37:51
228	Kayleigh Ralphs	F	Newburgh Nomads RC	02:37:52
229	Andy Chapman Gibbs	MV40	York Knavesmire Harriers	02:37:55
230	Richard Simpson	MV60		02:38:23
231	Lindsay Harrod	FV40	Helm Hill Runners	02:38:25
232	Jason Tonge	MV40	Lostock AC	02:38:28
233	Sharron Hutchinson	FV40	Helm Hill Runners	02:38:48
234	Dan Biggs	M	Calder Valley Fell Runners	02:39:03
235	Eddie Dealtry	MV60	Kendal AAC	02:39:46
236	Pin Dhillon-Downey	F	Keighley & Craven AC	02:39:48
237	Andy Houghton	MV70	Tavistock AC	02:40:09
238	John Matthews	MV40	Ambleside AC	02:40:31
239	Ali Bramall	FV50	Ambleside AC	02:41:39
240	Andy Lees	MV40	North Derbyshire RC	02:42:56
241	Scott Baxter	M		02:43:24
242	Paul Booth	MV40	Pennine Fell Runners	02:43:26
243	Rosie Jones	F	Pennine Fell Runners	02:43:30
244	Amelia Hunt	F	Goyt Valley Striders	02:43:46
245	Amanda Mellor	FV40	Leeds & Bradford TC	02:44:05
246	David Mellor	MV50	Leeds & Bradford TC	02:44:09
247	Leanne Cooke	F	Westerlands Cross Country Club	02:44:18
248	Paul Hunt	MV50	Goyt Valley Striders	02:44:47
249	Jo Keeling	F	Liverpool RC	02:44:47
250	Matt Wynne	MV40		02:46:04
251	Nathan Davies	MV40		02:46:16
252	Michele Sunter	FV50	Horwich RMI Harriers	02:46:40
253	Mark Sammon	MV40	SELOC	02:46:41
254	Mark Glaister	MV50	Skelmersdale Boundary Harriers	02:46:50
255	John Price	MV50	Hay Hotfooters	02:50:42
256	Andrew Biddle	MV60		02:50:48
257	Siobhan Brewer	FV40	Keswick AC	02:51:25
258	Elizabeth Adams	FV40	Helm Hill Runners	02:52:18
259	Sophie Cunningham	F	Chorlton Runners	02:54:52
260	Emma Plant	FU23	Red Rose Runners	02:55:32
261	Gisela Michel	FV40		02:57:33

262	David Sandford	MV50		03:01:50
263	Chris Tetley	MV50	Goyt Valley Striders	03:05:30
264	Christine Bowen	FV50	Goyt Valley Striders	03:07:12
265	Anna Wynne	F		03:07:43
266	Tracy Vernon	FV50	Goyt Valley Striders	03:12:44
267	Sue Buck	FV40	Helsby (BICC) RC	03:12:46
268	Colin Grime	MV70	Spectrum Striders RC	03:12:54
269	Tony Varley	MV60	Horwich RMI Harriers	03:14:04
270	Kim Clark	FV50	Keswick AC	Dnf